



Notes from your friendly health office

Guidelines to keep your child home from school:

If your child has a fever greater than 100.0 degrees, has vomited or experienced diarrhea, they should not be in school until the symptoms are gone for at least 24 hours without having taken any medication.

Do not send your child to school ill. This is to protect other students from potential illness, and also for the health of your child. Please notify the office if your child will be staying home and what symptoms they are experiencing.

Illness letters home:

If your child is diagnosed with an illness (such as strep throat, pink eye, hand foot and mouth disease, etc.) from a medical doctor, in order to generate a letter to go home to classmates, please provide a written doctors note from the medical office stating the diagnosis. The medical office also can fax this information to the school at 630-790-6404, or they may call the school health office and speak with the school R.N at 630-534-7563.

Hygiene Etiquette:

We encourage and promote handwashing at school; especially before eating, after using the restroom, or after using a tissue. When your child washes their hands, have them hum or sing the Happy Birthday song or the ABC song twice, and use plenty of soap. Coughing/sneezing into the elbow area is also encouraged.

Please contact the school health office with any questions or concerns.